STEPPIN'OFF



THE Page



Approved by:



4 WALL - 48 COUNTS - IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1 1 - 2	Side, Behind, 1/4 Turn, Scuff, 1/4 Turn, Behind, 1/4 Turn, Scuff Step right to right side. Cross left behind right	Side Behind	Right
3 - 4	Make 1 /4 tum right and step right forward. Scuff left beside right	Tum Scuff	Tuming right
5 - 6	Make 1 /4 tum right and step left to left side. Cross right behind left	Tum Behind	
7 - 8	Make 1 /4 turn left and step left forward. Scuff right beside left	Tum Scuff	Tuming left
Section 2	Step, Pivot 1/2, 1/2 Turn, Hold, Back Strut x 2		
1 - 2	Step right forward. Pivot 1/2 tum left.	Step Pivot	Tuming left
3 - 4	Make 1/2 turn left and step right back. Hold.	Tum Hold	
5 - 6	Step back on left toes. Drop left heel taking weight.	Back Strut	Back
7 - 8	Step back on right toes. Drop right heel taking weight	Back Strut	
Section 3	Coaster Step, Hold, Step, Pivot 1/4, Cross, Hold		
1 - 4	Step left back. Step right beside left. Step left forward. Hold.	Coaster Step Hold	On the spot
5 - 6	Step right forward. Pivot 1/4 tum left.	Step Pivot	Tuming left
7 - 8	Cross right over left. Hold.	Cross Hold	Left
Section 4	1 /4 Turn x 2, Step, Hold, Rocking Chair		
1 - 2	Make 1 /4 turn right stepping left back. Make 1 /4 turn right stepping right to side.	Tum Tum	Tuming right
3 - 4	Step left forward. Hold.	Step Hold	Forward
5 - 6	Rock forward on right. Recover onto left.	Forward Rock	On the spot
7 - 8	Rock back on right. Recover onto left	Back Rock	
Section 5	Monterey 1/2 Turn, Heel, Together, Heel, Together		
1 - 2	Point right toes to right side. Make 1/2 turn right and step right beside left.	Paint Tum	Tuming right
3 - 4	Point left to left side. Close left beside right	Point Together	On the spot
5 - 6	Touch right heel forward. Step right beside left.	Heel Together	
7 - 8	Touch left heel forward. Step left beside right	Heel Together	
Section 6	Monterey 1 /4 Turn, Heel, Together, Heel, Together		
1 - 2	Point right toes to right side. Make 1 /4 tum right and step right beside left	Paint Tum	Tuming right
3 - 4	Point left to left side. Step left beside right	Point Together	On the spot
5 - 6	Touch right heel forward. Step right beside left.	Heel Together	
7 - 8	Touch left heel forward. Step left beside right	Heel Together	

Choreographed by: Wil Bos & Roy Verdonk (NL) July 2009

 $\textbf{Choreographed to:} \ \ \text{`A Band's Gotta Do What A Band's Gotta Do' by The Refreshments (162bpm)}$

from CD A Band's Gotta Do What A Band's Gotta Do;

also available as download from amazon co. uk or iTunes (48 count intro - start on vocals)



A video clip of this dance is available at www.linedancermagazine.com