

Start Easy



			Stephen Howard
STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Toe Struts x2, Right Kick Ball Change, Stomp, Clap.		
1 - 2	Step right toe forward. Drop right heel taking weight.	Right Strut	Forward
3 - 4	Step left toe forward. Drop left heel taking welght.	Left Strut	
5 & 6	Kick right forward. Step right beside left. Step left in place.	Kick Ball Change	On the spot
7 - 8	Stomp right in place taking weight on it. Clap hands.	Stomp Clap	
Section 2	Toe Struts x2, Left Kick Ball Change, Stomp, Clap.		
1 - 2	Step left toe forward. Drop left heel taking weight.	Left Strut	Forward
3 · 4	Step right toe forward. Drop right heel taking weight.	Right Strut	
5 - 6	Kick left forward. Step teft beside right. Step right in place.	Kick Ball Change	On the spot
7-8	Stomp left in place taking weight on it. Clap hands.	Stomp Clap	
Section 3	Right Grapevine With Tap, Left Grapevine With 1/4 Turn, Brush.		
1 - 2 -	Step right to right side. Cross left behind right,	Side Behind	Right
3 - 4	Step right to right side. Tap left beside right.	Side Tap	
5 - 6	Step left to left side. Cross right behind left.	Side Behind	Left
7 - 8	Step left 1/4 turn left. Brush right forward.	Turn Brush	Turning left
Section 4	Rocking Chair Steps x2.		
1 - 2	Rock right forward. Recover back onto left.	Forward Rock	On the spot
3 - 4	Rock right back. Recover forward onto left.	Back Rock	
5 - 6	Rock right forward. Recover back onto left.	Forward Rock	
7 - 8	Rock right back. Recover forward onto left.	Back Rock	

4 Wall Line Dance: 32 Counts. Beginner.

Choreographed by:- Stephen (Hillbilly) Howard (UK) August 2004.

Choreographed to:- 'Still The One' (148 bpm) by Jeanette O'Keefe from 'Linedance Fever 7', start on vocals.

Music Suggestion:- 'No One Needs To Know' (136 bpm) by Shania Twain from 'Greatest Hits' or 'The Woman In me' CDs;

'Ain't That a Kick in The Head' by Westlife from 'Allow Us To Be Frank' CD, start on vocals.