

Cowgirl Twist

32 count, 4 wall, Beginner
Choreographer Bill Bader (Canada)

Choreographed To
Walk On Faith by Mike Reid; Blame It On Your Heart by Patty Lovless; I Feel Lucky by Mary Chapin
Carpenter
Beats per Minute 160

Section 1 Heel Struts Forward.

- 1 – 2 Step Right Heel Forward. Drop Right Foot To Floor.
- 3 – 4 Step Left Heel Forward. Drop Left Foot To Floor.
- 5 – 6 Step Right Heel Forward. Drop Right Foot To Floor.
- 7 – 8 Step Left Heel Forward. Drop Left Foot To Floor.

Section 2 Stroll Back, & Heel Toe Swivels Left.

- 9 – 11 Step Back - Right, Left, Right.
- 12 Stomp Left Beside Right.
- 13 – 15 Swivel Heels To Left, Toes To Left, Heels To Left.
- 16 Hold And Clap.

Section 3 Heel Toe Swivels Right & On The Spot.

- 17 – 19 Swivel Heels To Right, Toes To Right, Heels To Right.
- 20 Hold And Clap.
- 21 – 22 Swivel Heels To Left. Hold And Clap.
- 23 – 24 Swivel Heels To Right. Hold And Clap.

Section 4 Heel Swivels, Step 1/4 Turn.

- 25 – 28 Swivel Heels - Left, Right, Left. Hold And Clap.
- 29 – 30 Step Forward Right. Hold.
- 31 – 32 Pivot 1/4 Turn Left. Hold.

REPEAT

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